

The 50 at 50 Ride Report

So the big five-o birthday has arrived for me, the Author.

After several months of thinking of something crazy and dangerous to do on the occasion, I'd already done most I could think to do! So a bike ride was in order.

Not a road ride, but a crazy 50-mile dirt ride, from my house.

A mountain bike ride in the city, which is odd but cool.

A 50-mile on a mountain bike is a stupid long ride.

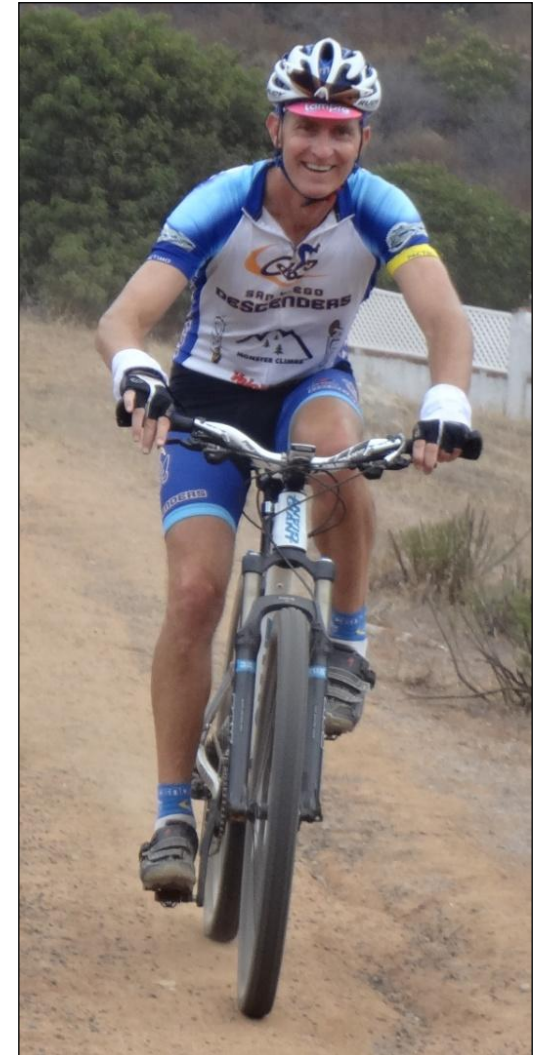
Even so the crew below joined me, plus Rick for a segment.

By Dave Ernst

July 21, 2013



Rob, Mike, the Arthur, Geoff & Claus

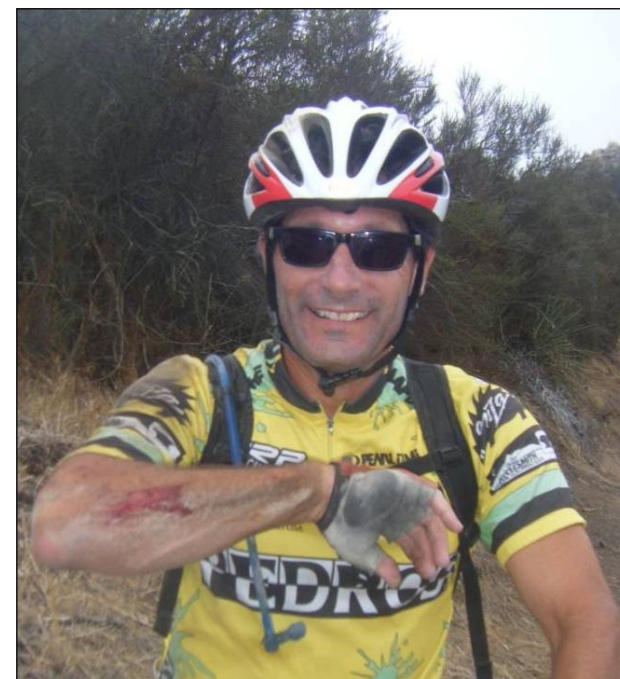




Mike made it up the first climb



Claus (above) – on just his 4th ever Mtn bike ride!



The Ride Recap per Strava. A long day on the bike, but a huge adventure!



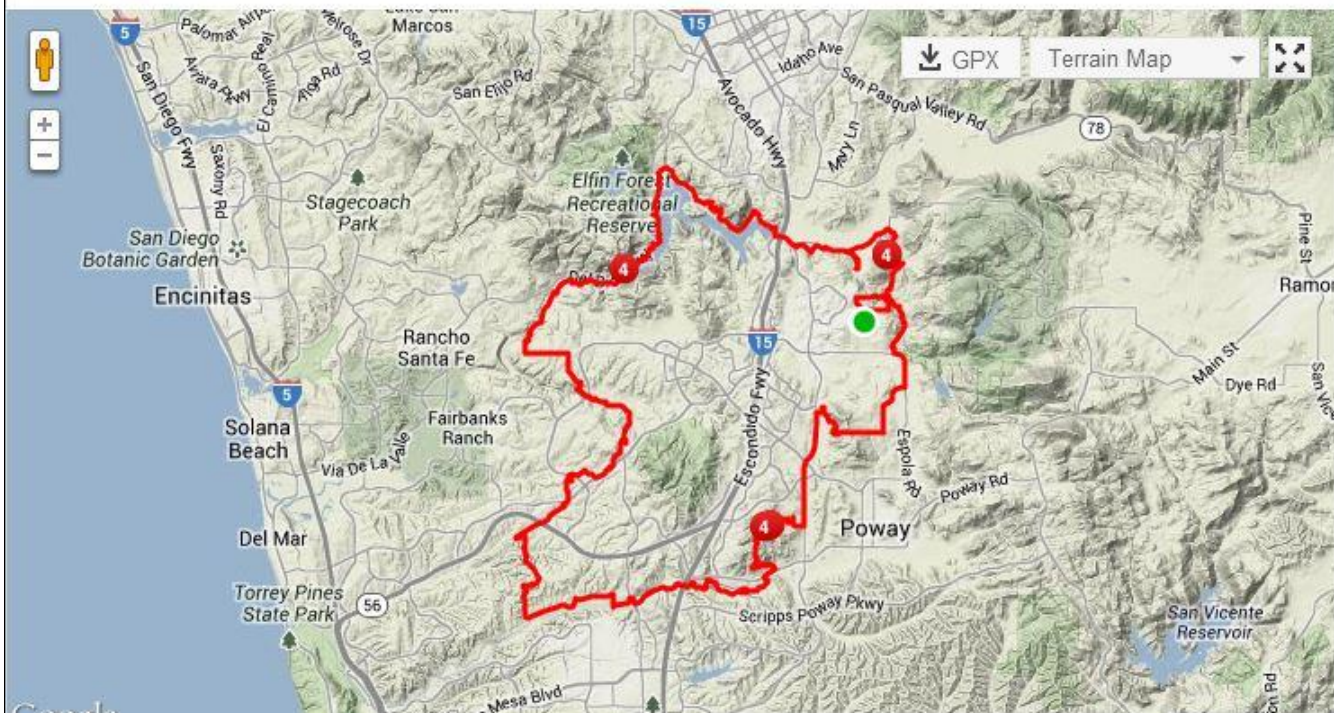
50 at 50 Mtn Ride with Mike, Rob, Geoff, Claus & Rick. Ultra Adventure. Stupid Hard. Great Weather. 7/21/2013



Ridden by [Dave Ernst](#) * [Descenders](#) and 4 others at 7:31am on Sunday, 07/21/2013

53.1 mi 5,748 ft 05:21:22 3,678

Distance Elevation (?) Moving Time Calories



Summary Suffer Score Analysis Comments (5)

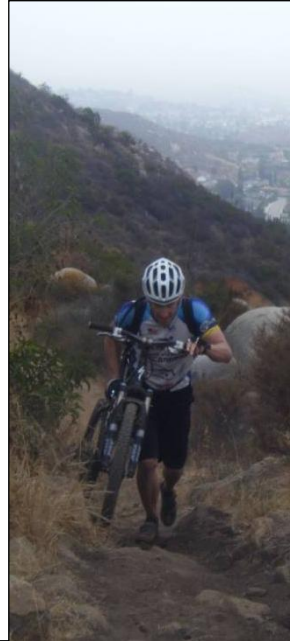
3,299 kJ
Energy Output

171 W
Average Power

Time	05:21:22
Elapsed Time	08:12:07
Avg Temp	75°F
Max Speed	42.3 mi/h
Avg Speed	9.9 mi/h
Cadence	
Device	Garmin Edge 500
Bike	Giant Trance X0 29er

Edit Ride

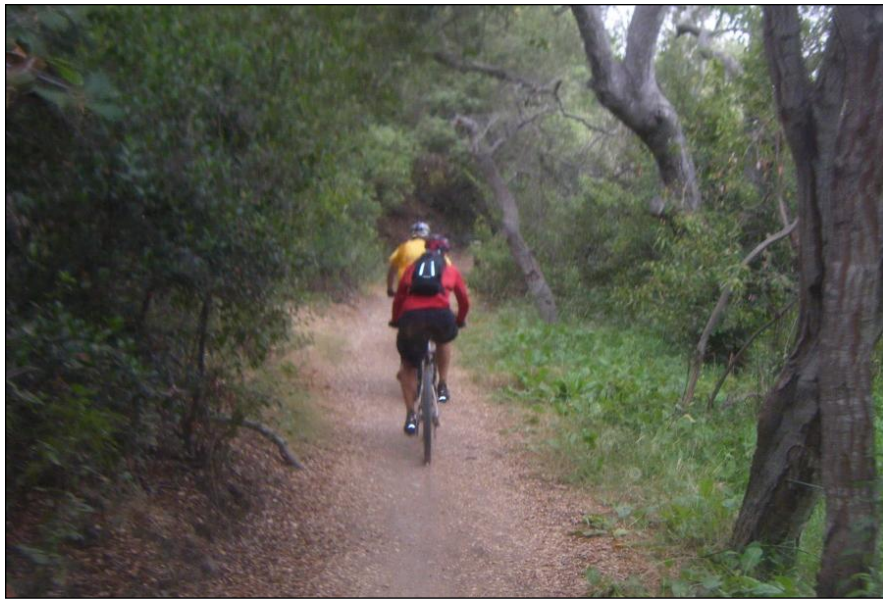
Actions



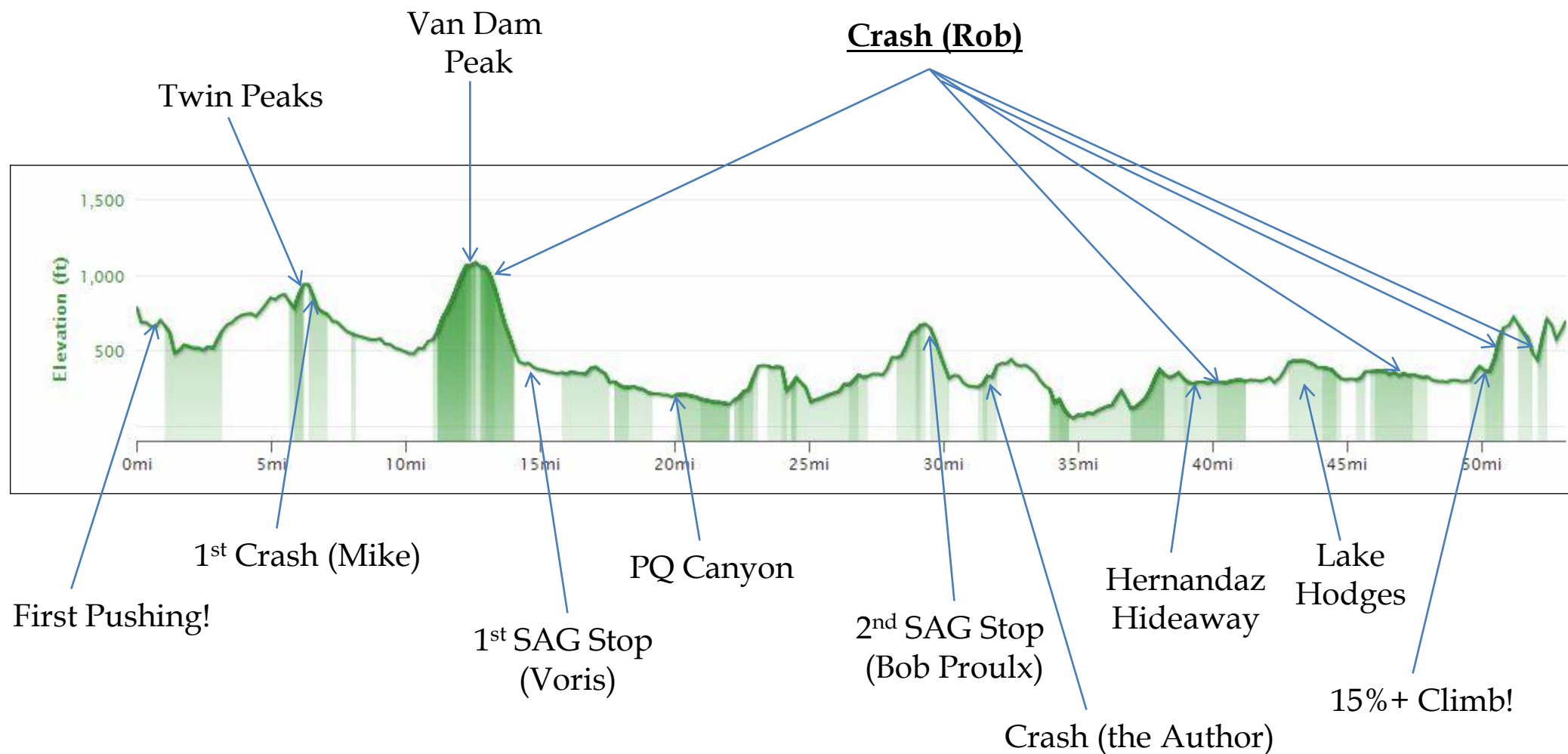
SAG Stop #1 – Thanks Voris!



Rick joins us



Ride Profile & Highlights

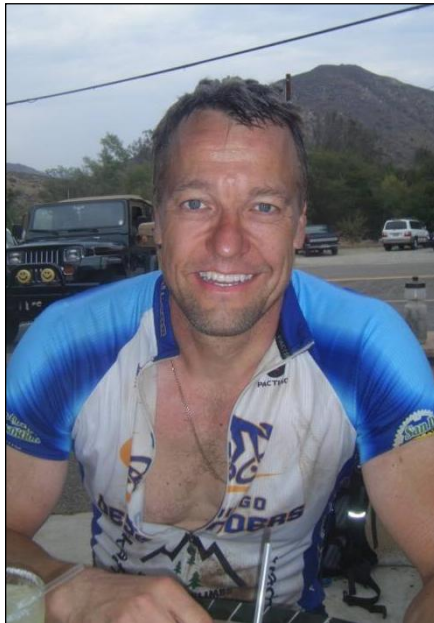




SAG Stop #2 – Thanks Bob!



Hernandez Hideaway – after about 35 miles in the dirt...





After over 8 hours away we made it home a little dirty but safely, in spite of our best efforts otherwise. A big adventure was expected, and it ended up being much more, thanks to my buds. A perfect big five-o birthday ride in the dirt. You should have come!

